

HOLIDAY WISH LIST 2011



About 80 children and young adults, from newborns to 21-year-olds, who have severe intellectual and physical disabilities live, play, go to school and receive the very best care at St. Mary's Home for Disabled Children.

Here are some suggestions for gifts if you'd like to donate items to the children and young adults this holiday season. Many of these items will increase the children's opportunities for outings in the community.

Please keep in mind that the children cannot use/don't need stuffed animals, bicycles, items made from chenille, clothing with sequins or other embellishments, and music or movies with explicit content. Gift bags make it easier to open presents.

For more information, contact Shirley Justice, St. Mary's community liaison, at 757.622.2208 ext. 369 or sjustice@smhdc.org. Thank you.

GIFT CARDS

A.C. Moore, AMF Bowling, Amazon, Barnes & Noble, Bath and Body Works, Build-A-Bear Workshop, Cinema Cafe, Claire's, Gymboree Play & Music, iTunes, JC Penney, Kohl's, Michael's, Rack Room Shoes, Radio Shack, Target, Walmart, various restaurants

MAGAZINE SUBSCRIPTIONS

American Girl, Astro Girl, Cosmo Girl, Discovery Girls, Disney Adventures, Food Network, InStyle, Ranger Rick, National Geographic Kids, Rolling Stone, Seventeen, Sports Illustrated, Sports Illustrated Kid

FOR FUN AND COMFORT

Colorful sheets, comforters, blankets and bedskirts for twin-size beds, Hampton Roads Transit Handi-Ride System tickets, large plush towels, sleeping bags, camping supplies, gardening supplies, tabletop greenhouses, bibs, headphones, MP3 players, small speakers, batteries, bandanas, clear backpacks, machine-washable knitted hats, bean-bag pillows, sound machines, vibrating mats, movie tickets, museum tickets, aquarium tickets, family memberships for museums and other venues, tickets for sporting events, LeapFrog LeapPad books, Disney DVDs, movie DVDs, travel DVDs, toys adapted for children with disabilities (see ideas at www.enablingdevices.com), musical toys that can be adapted by St. Mary's staff

CRAFT SUPPLIES

Photo albums and paper, scrapbook paper and stickers, large markers or crayons, construction paper, washable paint, poster board, cotton balls, brown paper bags, wiggle eyes, glue sticks and dots, sticky-back foam sheets

GIFTS FOR GIRLS

Flavored lip gloss/balm, cosmetic kits, manicure sets, nail polish, small hair brushes, hair accessories, camisoles, PJs, Polo-style dresses, shelf-bra undershirts, pants with elastic waistbands, clothing in both girls' and women's sizes S-XL, small purses with short straps

GIFTS FOR BOYS

Flavored lip balm, electric razors, chemistry set, cars with push buttons on top, sturdy remote-control cars, pants with elastic waistbands, PJ bottoms, track suits, Polo-style shirts all in sizes up to men's XL

SPECIAL SWITCHES FOR ADAPTING TOYS

The children may not have the fine motor skills needed to operate small switches, so our staff adapt toys by connecting them to switches with large surfaces.

- Gumball switches: # 782R, #782B, #782G, #782y, #782P; #775 Button Click Switch, #733 Alphabet Switch, #883 Koosh Switch and #90 CD Switch (see www.enablingdevices.com)
- Jelly Bean switches: JBY-yellow, JBBL-blue, JBBK-black, JBG-green and JBR-red; #00507 – step-by-step black, #00503 – step-by-step blue, #00501 – step-by-step red and #00506 – step-by-step yellow (see www.ablenetinc.com)